

Sacramental Preparation for OCIC/Out of Sequence Students



Image from the Saint John's Bible

Sacramental Preparation for Out of Sequence Students and

the Order of Christian Initiation for Children

Dear Parents and Guardians,

We are so happy and excited you are sharing your faith with your children! What a gift you are giving to them. Your children look up to you most of all in this world, and you are their primary educators. As we educate them about the faith in their Faith Formation classes, we ask that you give them extra sacramental preparation at home. There will be videos for you to watch, discussion questions for you to talk through with your children, and videos for both of you to watch together. Please feel free to space this out and have discussions slowly throughout the year in whatever way works best for your schedule. After you've completed the videos and discussions, please reach out to the Faith Formation department. We'll schedule two meetings with you and your child to talk through the materials and answer any last questions you might have before your child receives their sacraments.

In Christ,

-the St. Victoria Faith Formation Team

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Preparation for the Sacraments of Baptism and Confirmation

If your child has not yet been baptized, please also watch this [video](#) and these [videos](#) with your child. If your child has already been baptized, you may skip this page.

1. What happens when someone is baptized? Feel free to explain what happens physically and/or spiritually.

2. Ask your child: *What is the sacrament of confirmation?* Write his or her answer together here: _____

3. Ask your child: *Who is the Holy Spirit?* Write his or her answer together here: _____

4. Ask your child: *What name do you want to choose as your confirmation patron saint name?* Write his or her answer together here: _____

Preparation for the Sacrament of Reconciliation

Parents Watch: <https://watch.formed.org/the-catholic-parent/season:1/videos/the-catholic-parent-episode-2>

1. Parents: Think and pray about your own feelings about confession. When was the last time you went to confession? How does going to confession make you feel?

Parents Watch: <https://watch.formed.org/forgiven/season:1/videos/where-are-you>

Parents and Children Discuss:

1. If you've been to confession, tell your child what your first confession was like.
2. Ask your child: *what do you think your first confession will be like?* Write his or her answer together here:

3. Ask your child: *what questions do you have about confession?* Write his or her questions below and we can be sure they're answered at our meeting together.

Parents Watch: <https://watch.formed.org/forgiven/season:1/videos/an-encounter-with-mercy>

Parents and Children Discuss:

1. If you go to confession, tell your child why you personally go to confession.
2. Ask your child: *why does Jesus want you to go to confession?* Write his or her answer together here:

3. Ask your child: *does Jesus give us anything in confession?* Write his or her answer together here:

Parents Watch: <https://watch.formed.org/forgiven/season:1/videos/embraced-in-mercy-the-rite-explained>

Parents and Children Discuss:

1. If you have been to confession, tell your child what it is like, step by step, to go to confession.
2. Discuss with your child: *why do you think Jesus instituted, or set up, the sacrament of reconciliation for us?* Write his or her answer together here:

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3. Discuss with your child: *why is it important we go to confession in person?* Write his or her answer together here:

Parents Watch: <https://watch.formed.org/forgiven/season:1/videos/for-parents-preparing-your-child-for-first-confession>

Parents and Children Watch: <https://watch.formed.org/forgiven/season:1/videos/for-children-how-to-make-a-great-confession>

Parents and Children Discuss:

1. Ask your child: *What is something we've learned from the video?* Write his or her answer together here:

2. Discuss with your child: *what is your conscience?* Write his or her answer together here:

3. Discuss with your child: *how do you prepare for confession? How do you examine your conscience?* Write his or her answer together here:

4. Discuss with your child: *How do you make an act of contrition?* Write his or her answer together here:

5. Ask your child: *what is a penance?* Write his or her answer together here:

6. If you've been to confession, tell your child about a penance you've received in the past.

At this point, please call or email the Faith Formation Department to make an appointment to talk with a staff member together with your child to be sure all your questions are answered and your preparation for the Sacrament of Reconciliation is complete!



San Damiano Cross, Basilica di Santa Chiara, Assisi, Italy

Preparation for First Communion

Parents and Children Watch: <https://watch.formed.org/presence/season:1/videos/god-is-with-us>

Parents and Children Discuss:

1. If you've received your First Communion, tell your child about your experience receiving First Communion.
2. Ask your child: *why do you want to receive your First Communion?* Write his or her answer together here:

3. Discuss with your child: *why do you think the Eucharist is called the "source and summit" of our faith?* Write his or her answer together here:

4. Discuss with your child: *Why does God want to share a meal with us?* Write his or her answer together here:

Parents Watch: <https://watch.formed.org/presence/season:1/videos/the-story-of-the-eucharist>

Parents and Children Discuss:

1. Tell your child about a time in the Bible where Jesus tells His followers that the Eucharist is His true presence.
2. Ask your child: *what happened at the Last Supper?* Tell them the story if they're not sure. Write his or her answer together here:

Parents Watch: <https://watch.formed.org/presence/season:1/videos/bread-for-the-journey>

Parents and Children Discuss:

1. Ask your child: *do we need the Eucharist? How often do you want to receive the Eucharist?* Write his or her answer together here:
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2. If you've received your First Communion, tell your child about when you are not permitted to receive the Eucharist.
3. If you've received your First Communion, tell your child how it feels when you receive the Eucharist and what it feels like at times when you've been unable to receive the Eucharist.

Parents Watch: <https://watch.formed.org/presence/season:1/videos/for-parents-preparing-your-child-for-first-holy-communion>

Parents and Children Watch: <https://watch.formed.org/presence/season:1/videos/para-ninos-the-miracle-at-every-mass>

Parents and Children Discuss:

1. Ask your child: *How will you receive communion? On your tongue? In your hands?* Write his or her answer together here:
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2. Ask your child: *What should you do while kneeling after receiving the Eucharist?* Write his or her answer together here: _____
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3. If you've received your First Communion, tell your child how you pray after receiving the Eucharist.

4. Ask your child: *Is Jesus fully present in the Eucharist? How do we know this?* Write his or her answer together here: _____
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At this point, please call or email the Faith Formation Department to make an appointment to talk with a staff member together with your child to be sure all your questions are answered and your preparation is complete!

The Crucifixion, Giotto, 1320

